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22/06/2010 Begin of events 10.00 am	Presentation of the heats			
10.10 am	400 freestyle	M		W 
10.40 am	200 breaststroke	M		W 
10.55 am	100 backstroke	M		W 
11.05 am	200 butterfly	M		W 
11.25 am	100 freestyle	M		W 
11.35 am	4 x 100	M		W 
04.10 pm	400 freestyle	M		W 
04.20 pm	200 breaststroke	M		W 
04.40 pm	100 backstroke	M		W 
04.45 pm	200 butterfly	M		W 
05.10 pm	100 freestyle	M		W 
05.30 pm	4 x 100 freestyle	M		W 

23/06/2010 Begin of events 10.00 am	Presentation of the heats			
10.10 am	200 freestyle	M		W 
10.25 am	100 breaststroke	M		W 
10.40 am	200 backstroke	M		W 
11.55 am	100 butterfly	M		W 
12.05 am	200 medley	M		W 
12.20 am	4 x 100 medley	M		W 
12.45 am	Close of morning races			
04.00 pm	Presentation of final races			
04.10 pm	200 freestyle	M		W 
04.20 pm	100 breaststroke	M		W 
04.30 pm	Awards ceremony			
04.40 pm	200 backstroke	M		W 
04.50 pm	100 butterfly	M		W 
05.00 pm	Awards ceremony			
05.10 pm	200 medley	M		W 
05.20 pm	Awards ceremony			
05.30 pm	4 x 100 medley	M		W 
05.45 pm	Awards ceremony			