













## Athletics

22/06/2010		
03.00 pm	Meeting time	
03.30 pm	110 hs M battery 	POLE VALUT Men  DISCUS THROW Women 
03.50 pm	100 hs W battery 	
04.10 pm	100 p M battery 	
04.25 pm	100 p W battery 	HIGH JUMP Women 
04.40 pm	400 p M series 	
04.50 pm	400 p W series 	LONG JUMP Men 
05.00 pm	1500 M 	DISCUS THROW Men 
05.15 pm	1500 W 	
05.35 pm	110 hs M final 	
05.50 pm	100 hs W final 	
06.10 pm	100 p M final 	
06.20 pm	100 p W final 	
23/06/2010		
03.00 pm	Meeting time	
03.30 pm	POLE VALUT Women 	JAVELLIN THROW Men 
03.45 pm	HIGH JUMP Men 	SHOT PUT Women 
04.00 pm	200 m M series 	
04.15 pm	200 m W series 	LONG JUMP Women 
04.30 pm	100 m Paralympics	
04.45 pm	800 m M 	
05.00 pm	800 m W 	JAVELLIN THROW Women 
05.15 pm	3000 M 	SHOT PUT Men 
05.35 pm	3000 W 	
06.15 pm	Relay races - 4x100 Men series 	
06.35 pm	Relay races - 4x100 Women series 